

Any Day Highlights - Foundation Level

Unit Objective – Highlights:	To teach skills to acknowledge daily highlights to build a positive focus
Year Level Objective:	To bring awareness to the simple joys and highlights in our life and all around us
Lesson Objective:	To become aware that highlights are all around us
Lesson Duration:	15 minutes
Lesson Animation/Audio:	Possa Bill loves Nature
Resources/Guides:	Possa Bill loves Nature Visual Possa Bill loves Nature Story <i>Option: Possa Bill loves Nature Script</i>
Additional Items:	Highlight clicker (for Teacher use only) Paper and coloured pencils (optional)
Lesson Concepts:	Highlights are happy things you see and do and happy times you share with others. Highlights help you feel good. Highlights are a great way to focus on the positive at any time of the day
Extension Links:	Click here for a list of additional resources that link with the PLS Highlights concept

Learning Experience

Open lesson with the word **Highlights**. (can write the word on board or easel).
 Explain that highlights are things we feel good and happy about.
 They can be big like seeing the ocean or going on holiday or tiny like noticing a ladybug.
 Explain that today we are talking about simple, 'any day' highlights.
 These are highlights that are everywhere - all around us.
 Show students the highlight clicker and explain to them that you will be clicking clicker every time you mention a highlight.

Talk to students about the joys found outdoors in nature, (each time you say a highlight, click your clicker) a bird singing, a sunny day, a pond or lake, flowing stream, a mountain, sunset, sunrise, stars in the sky, a campfire, the beach, seeing a frog, listening to rain on roof, watching animals..... any simple thing that helps you feel good.
Share with students how many highlights you clicked/counted in your examples.

Read the short story 'Possa Bill loves Nature' or play animation/audio and show the pictures.
(can click the clicker or have one of the students click the clicker as highlights are shared).
 Share with students how many highlights they counted in Possa Bill's story.

Ask students, what else is a joy or highlight found outdoors in nature?
 Can click each time a highlight/simple joy is shared. *E.g., leaves, sand, colours, sounds, smells (e.g., beach, flowers) tastes.*
 Share with class how many highlights you clicked/counted when discussion is completed.

Optional/Extension: Have students draw a picture of a simple highlight they have noticed today or yesterday.
 Encourage them to take their drawing home and finish it and share their simple highlights with those at home.

Could take students outside to choose their favourite nature or outdoors highlight and discuss the 'any day' highlights they can see in their environment.

End of Lesson prompt (discretionary): 'If you are having unhappy thoughts or feelings that are not going away, please come and see me' (for referral to School Counsellor)

Curriculum References

Any Day Highlights – Foundation

English

Language

Evaluative language

Understand that language can be used to explore ways of expressing needs, likes and dislikes ([ACELA1429](#))

How text reflect the context of culture and situation in which they are created. Recognise that texts are created by authors who tell stories and share experiences that may be similar or different to students' own experiences ([ACELT1575](#))

Expressing preferences and evaluating texts

Share feelings and thoughts about the events and characters in texts ([ACELT1783](#))

Literacy

Listening and speaking interactions

Listen to and respond orally to texts and to the communication of others in informal and structured classroom situations

([ACELY1646](#))

Oral presentations

Deliver short oral presentations to peers ([ACELY1647](#))

Comprehension strategies

Use comprehension strategies to understand and discuss texts listened to, viewed or read independently ([ACELY1650](#))

Listening and speaking interactions

Use interaction skills including listening while others speak, using appropriate voice levels, articulation and body language, gestures and eye contact ([ACELY1784](#))

Mathematics

Science

Humanities and Social Science

The Arts

Visual Arts

Exploring ideas and improvising with ways to represent ideas

Explore ideas, experiences, observations and imagination to create visual artworks and design, including considering ideas in artworks by Aboriginal and Torres Strait Islander artists ([ACAVAM106](#))

Sharing artworks through performance, presentation or display

Create and display artworks to communicate ideas to an audience ([ACAVAM108](#))

Health and Physical Education

Personal, social and community health

Communicating and interacting for health and wellbeing sub-strand

Practise personal and social skills to interact positively with others ([ACPPS004](#))

Identify and describe emotional responses people may experience in different situations ([ACPPS005](#))

Reference: Australian Curriculum, Assessment & Reporting Authority [ACARA] (2014). Retrieved from <https://www.australiancurriculum.edu.au/>

General Capabilities

Any Day Highlights – Foundation

Personal and Social Capability

Self-awareness

Level 1a

Recognise emotions

Recognise and identify their own emotions

Literacy

Comprehending texts through listening, reading and viewing

Level 1e

Navigate, read and view learning area text

Navigate, read and view simple text with familiar vocabulary and supportive illustrations

Listen and respond to learning area texts

Listen and respond to brief questions and one and two step instructions, listen for information in simple spoken texts and respond to audio texts, including audio-visual texts, and texts read aloud

Numeracy

Critical and Creative Thinking

Inquiring –identifying, exploring and organising information and ideas

Identify and clarify information and ideas

Identify and describe familiar information and ideas during a discussion or investigation

Organise and process information gather similar information or depictions from given sources

Generating ideas, possibilities and actions

Imagine possibilities and connect ideas use imagination to view or create things in new ways and connect two things that seem different

Ethical Understanding

Intercultural Understanding/ ICT Capability

Reference: Australian Curriculum, Assessment and Reporting Authority (ACARA) (2016). General Capabilities. Retrieved from <https://www.australiancurriculum.edu.au/f-10-curriculum/general-capabilities/>

Possa Bill Loves Nature





Possa Bill Loves Nature

Possa Bill loves to explore nature whenever he can.

He loves to go walking outside.

One day he set off on a walk in a park near his house. It was a beautiful sunny day and the sky was blue. As he walked past some big trees he saw lots of birds busy flying around the trees, and there was also a beautiful pond surrounded by green leafy plants.

The grass was really green and in the distance he could see some hills and more trees.

As he stopped to look around some more he noticed a big black and white butterfly and as he looked close at the pond he could see little fish swimming around inside.

Then as he continued his walk he saw lots of flowers as well.

What a great day in nature for Possa Bill.

